

# Beaver Falls High School August/ September 2017



Food Service Director: Yvette Jester  
 Jestery@tigerweb.org  
 724.843-7470 X 1326

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>The Grille</b> Crispy Chicken Sandwich Cheeseburger on a Bun Hamburger on a Bun Beef & Cheese Nachos	 Fresh Produce from Local Farms   Whole Grains Available Daily   Recipe Of The Month		8/23  Chicken Strips Whole Grain Bread Slice Baked Seasoned Fries Cinnamon Sliced Apples Milk Choice	8/24  Cheeseburger On Bun Baked Beans Chilled Peaches Milk Choice	8/25  Turkey & Cheese Panini Sweet Potato Fries Chilled Applesauce Milk Choice  
	8/28  Meatball Hoagie Seasoned Green Beans Yellow Peaches Milk Choice	8/29  Teriyaki Chicken Over Rice Steamed Broccoli Dinner Roll Chilled Applesauce Milk Choice	8/30  Corn Dog Glazed Carrots Chilled Peaches Milk Choice	8/31  Walking Taco Refried Beans w/ Cheese Chilled Pineapple tidbits Milk Choice  	9/1  Chicken Parmesan Sandwich Steamed Peas Chilled Peaches Milk Choice  
<b>The Garden</b> Grilled Chicken Salad Garden Salad with Cheese Chef Salad Breaded Chicken Salad	9/4  <b>No School</b>	9/5  Italian Dunkers Romaine Salad Diced Peaches Milk Choice	9/6  Bacon Cheeseburger On Whole Grain Bun Baked Beans Chilled Applesauce Milk Choice	9/7  Macaroni & Cheese Stewed Tomatoes Chilled Sliced Pears Milk Choice  	9/8  Grilled Chicken Sandwich Baked Fries Chilled Applesauce Milk Choice  
	9/11  French Toast W/ Sausage Links Hash Browns Chilled Mixed Fruit Milk Choice	9/12  BBQ Rib Hoagie Coleslaw Chilled Peaches Milk Choice	9/13  Two Chicken Fajitas Refried Beans W/ Cheese Pineapple Tidbits Milk Choice	9/14  Sweet & Spicy BBQ Chicken Bowl Romaine Salad Diced Peaches Milk Choice	9/15  Fish Sandwich Sweet Potatoes Chilled Applesauce Milk Choice  
<b>The Pizzeria</b> Hot Buffalo Chicken Pizza Taco Pizza Pepperoni Pizza Mozzarella Cheese Pizza	9/18  Chicken Condon Blue Sandwich Steamed Broccoli Chilled Diced Pears Milk Choice	9/19  Buffalo Chicken Dippers w/ Tortilla Chips Seasoned Green Beans Chilled Mixed Fruit Milk Choice	9/20  Cheeseburger On Bun Baked Beans Chilled Peaches Milk Choice	9/21  Popcorn Chicken Bowl Mashed Potatoes w/ Gravy Seasoned Corn Chilled Applesauce Milk Choice  	9/22  Ham & Cheese Panini Sweet Potato Fries Chilled Pineapple Tidbits Milk Choice  
	9/25  Pulled Pork Sandwich Coleslaw Chilled Applesauce Milk Choice	9/26  Spaghetti w/ Meat Sauce Garlic Breadstick Romaine Salad Chilled Diced Pears Milk Choice	9/27  Chicken Nuggets Whole Grain Bread Slice Baked Fries Chilled Peaches Milk Choice	9/28  Hot Ham & Cheese Sandwich Sweet Potato Tots Chilled Pineapple Tidbits Milk Choice	9/29  Corn Dog Baked Beans Chilled Mixed Fruit Milk Choice  
<b>Grab &amp; Go</b> A wide variety of sandwiches, wraps, specialty salads and yogurt parfaits are available daily!					
<b>Options</b>					

## The Deli

- Roast & Cheese Sandwich
- Turkey & Cheese Sandwich
- Ham & Cheese Sandwich
- Egg Salad Sandwich
- Tuna Salad Sandwich
- Peanut Butter & Jelly Sandwich
- Ham & Cheese Wrap
- Turkey & Cheese Wrap

## Accompaniments

**\*Must take at least one 1/2 cup of fruit or vegetable**

<p><b>*Vegetable Bar includes:</b></p> <ul style="list-style-type: none"> <li>Broccoli Florets</li> <li>Baby Carrots</li> <li>Dark Leafy Greens</li> <li>Legume Salads</li> <li>Celery &amp; Cucum-</li> </ul>	<p><b>*Fruits include:</b></p> <ul style="list-style-type: none"> <li>Crisp Apple</li> <li>Sliced Peaches</li> <li>Mixed Fruit</li> <li>Fresh Orange</li> <li>Banana</li> <li>Pineapple Tidbits</li> <li>Diced Peas</li> <li>Applesauce</li> <li>Fruited Gelatin</li> </ul>
--	---

**Monteverde's**  
*A Tradition of Excellence*

**Milk**

**Milk Choices Offered Daily:**  
 1% white, non-fat white, non-fat flavored

**Proud to manage your food service program**

**Monthly Special:**

Buffalo Chicken Dip

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MENUS SUBJECT TO CHANGE