



# Beaver Falls Middle School

## August / September 2017 Breakfast Menu

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 724-846-7470 X1326



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p><b>Whole Grains Available Daily</b></p> <p><i>MENUS SUBJECT TO CHANGE</i></p>		<p><b>8/23</b>            Chocolate Muffin            OR            Assorted Whole Grain Cereal with Graham Crackers            Chilled Juice or Fruit            Low Fat Milk</p>	<p><b>8/24</b>            Breakfast Pizza            OR            Assorted Whole Grain Cereal with Graham Crackers            Chilled Juice or Fruit            Low Fat Milk</p>	<p><b>8/25</b>            Yogurt w/ Belly Bears            OR            Assorted Whole Grain Cereal with Graham Crackers            Chilled Juice or Fruit            Low Fat Milk</p>
<p><b>8/28</b>            Egg &amp; Cheese Breakfast Sandwich            OR            Assorted Whole Grain Cereal with Graham Crackers            Chilled Juice or Fruit            Low Fat Milk</p>	<p><b>8/29</b>            Cinnamon Roll            OR            Assorted Whole Grain Cereal with Graham Crackers            Chilled Juice or Fruit            Low Fat Milk</p>	<p><b>8/30</b>            Breakfast Pizza            OR            Assorted Whole Grain Cereal with Graham Crackers            Chilled Juice or Fruit            Low Fat Milk</p>	<p><b>8/31</b>            Eggo Mini Waffles w/ Syrup            OR            Assorted Whole Grain Cereal with Graham Crackers            Chilled Juice or Fruit            Low Fat Milk</p>	<p><b>9/1</b>            Warm Bagel w/ Cream Cheese            OR            Assorted Whole Grain Cereal with Graham Crackers            Chilled Juice or Fruit            Low Fat Milk</p>
<p><b>9/4</b>            No School</p>	<p><b>9/5</b>            Chicken Breakfast Sandwich            OR            Assorted Whole Grain Cereal with Graham Crackers            Chilled Juice or Fruit            Low Fat Milk</p>	<p><b>9/6</b>            Breakfast Pizza            OR            Assorted Whole Grain Cereal with Graham Crackers            Chilled Juice or Fruit            Low Fat Milk</p>	<p><b>9/7</b>            Eggo Mini Pancakes w/ Syrup            OR            Assorted Whole Grain Cereal with Graham Crackers            Chilled Juice or Fruit            Low Fat Milk</p>	<p><b>9/8</b>            Pancake on a Stick            OR            Assorted Whole Grain Cereal with Graham Crackers            Chilled Juice or Fruit            Low Fat Milk</p>
<p><b>9/11</b>            Cocoa Chip Benefit Breakfast Bar            OR            Assorted Whole Grain Cereal with Graham Crackers            Chilled Juice or Fruit            Low Fat Milk</p>	<p><b>9/12</b>            Blueberry Muffin            OR            Assorted Whole Grain Cereal with Graham Crackers            Chilled Juice or Fruit            Low Fat Milk</p>	<p><b>9/13</b>            Warm Bagel w/ Cream Cheese            OR            Assorted Whole Grain Cereal with Graham Crackers            Chilled Juice or Fruit            Low Fat Milk</p>	<p><b>9/14</b>            Sausage &amp; Cheese Muffin            OR            Assorted Whole Grain Cereal with Graham Crackers            Chilled Juice or Fruit            Low Fat Milk</p>	<p><b>9/15</b>            Chicken Breakfast Sandwich            OR            Assorted Whole Grain Cereal with Graham Crackers            Chilled Juice or Fruit            Low Fat Milk</p>
<p><b>9/18</b>            Cherry Frudel            OR            Assorted Whole Grain Cereal with Graham Crackers            Chilled Juice or Fruit            Low Fat Milk</p>	<p><b>9/19</b>            Yogurt w/ Belly Bears            OR            Assorted Whole Grain Cereal with Graham Crackers            Chilled Juice or Fruit            Low Fat Milk</p>	<p><b>9/20</b>            Breakfast Pizza            OR            Assorted Whole Grain Cereal with Graham Crackers            Chilled Juice or Fruit            Low Fat Milk</p>	<p><b>9/21</b>            Banana Bread            OR            Assorted Whole Grain Cereal with Graham Crackers            Chilled Juice or Fruit            Low Fat Milk</p>	<p><b>9/22</b>            Pancake on a Stick            OR            Assorted Whole Grain Cereal with Graham Crackers            Chilled Juice or Fruit            Low Fat Milk  <b>3</b></p>
<p><b>9/25</b>            Apple Blueberry Benefit Breakfast Bar            OR            Assorted Whole Grain Cereal with Graham Crackers            Chilled Juice or Fruit            Low Fat Milk</p>	<p><b>9/26</b>            2 Hour Delay</p>	<p><b>9/27</b>            Warm Bagel w/ Cream Cheese            OR            Assorted Whole Grain Cereal with Graham Crackers            Chilled Juice or Fruit            Low Fat Milk</p>	<p><b>9/28</b>            Cinnamon Roll            OR            Assorted Whole Grain Cereal with Graham Crackers            Chilled Juice or Fruit            Low Fat Milk</p>	<p><b>9/29</b>            Breakfast Pizza            OR            Assorted Whole Grain Cereal with Graham Crackers            Chilled Juice or Fruit            Low Fat Milk</p>

### What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Middle School Alternate Options May Include:

Assorted Muffins Blueberry Muffins

Chocolate Chip Oatmeal Breakfast Bar

Warm Grab & Go Breakfast Sandwiches

Fortified Breakfast Pastries

Warm Bagels

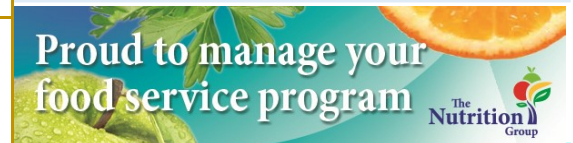
Yogurt

Variety of Fresh Fruit, 100% Fruit Juice and

Canned Fruits available daily.



**Milk Choices Offered Daily**  
 Fat Free Chocolate, Fat Free Strawberry,



**Breakfast is FREE to ALL students**

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

